

**Social Narrative for the  
Autism-Friendly performance of  
Arch Contemporary Ballet  
Saturday, Nov 18<sup>th</sup> at 2:00 pm**

**[www.ArchBallet.com](http://www.ArchBallet.com)**

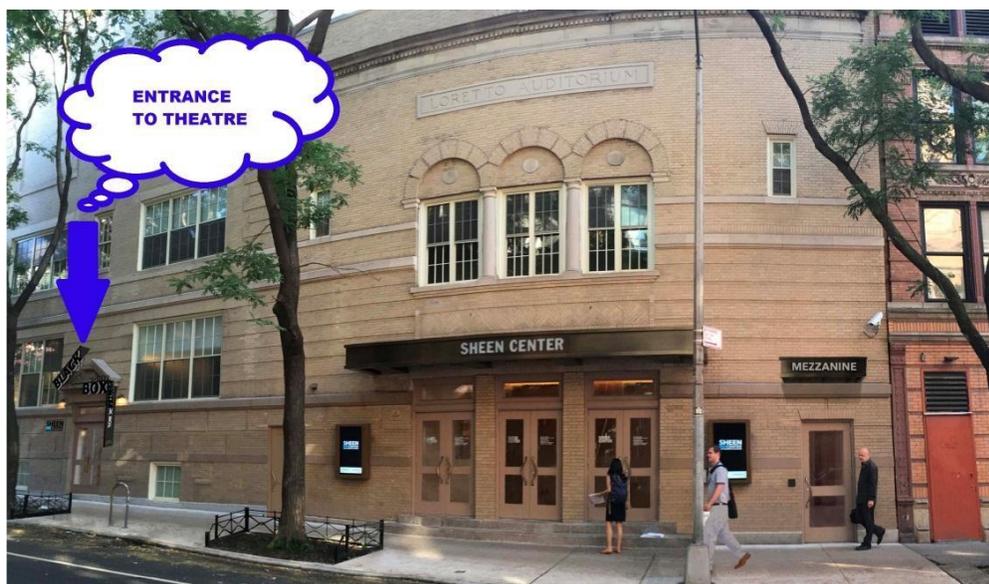
**The Sheen Center  
18 Bleecker Street,  
Between Elizabeth and Mott**



## Information about the Sheen Center

I will go to the Sheen Center to see Arch Contemporary Ballet.

The Sheen Center is located at 18 Bleecker Street, between Elizabeth and Mott Street NY, NY 10012.



Doors will open at 1:30 pm on the day of the performance. I may have to stand in line. If I stand in line I will stay with [inset name/s] and try to be quiet.

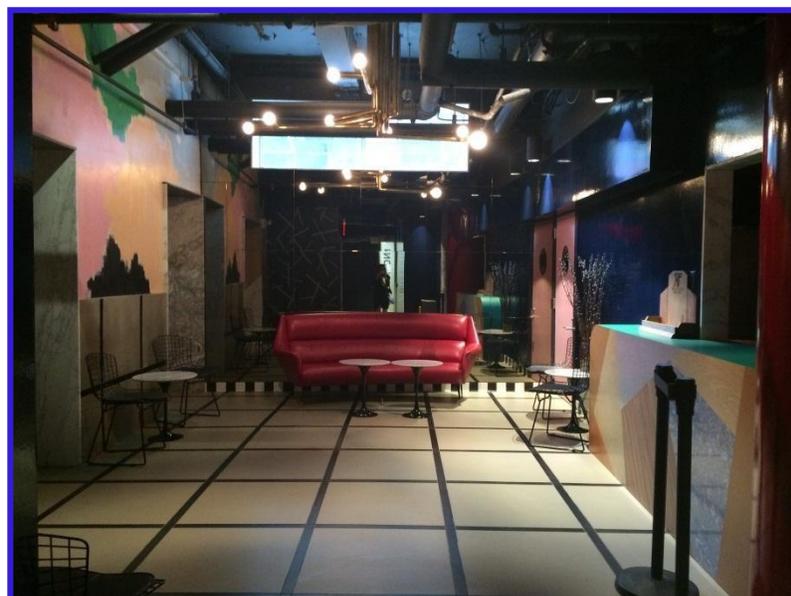




I will go down the stairs to the lobby, the stair case has dark blue walls with orange stripes.



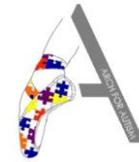
In the lobby I will see white and black tile flooring with a lot of different color decoration such as red, orange, blue, pink, and mirrors.



If I feel afraid, I can hold [insert name/s] hand, squeeze a fidget or take five deep breaths.

In the lobby, I will also see the box office. It is green and I will pass by it to go to the theatre or bathrooms.





Inside someone will tell us where to go.

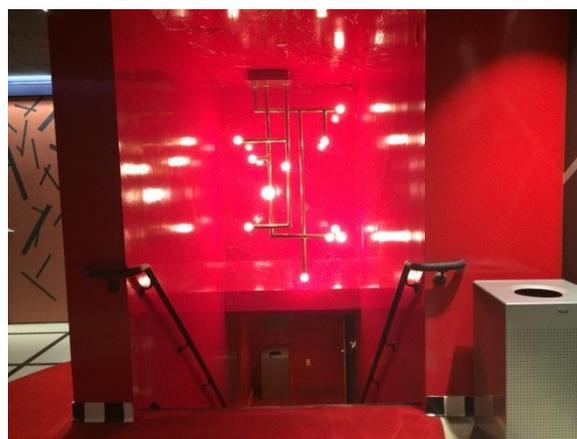
They are called an Usher. The Usher will scan my ticket so I can get into the theatre.



I can use the bathroom before I go into the theatre.



To get to my seat in the theatre, I will need to go down the stairs with bright red walls and a fun light.



If I feel afraid, I can hold [insert name/s] hand, squeeze a fidget or take five deep breaths.



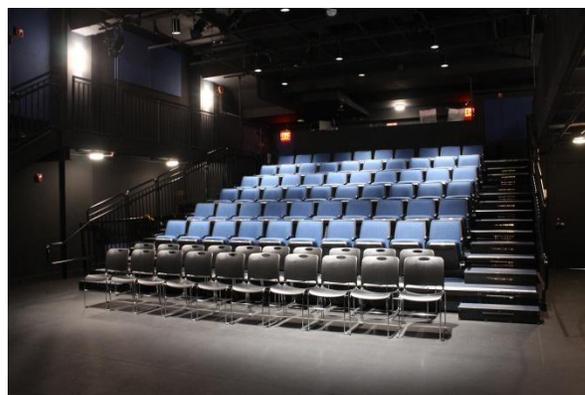
At the bottom of the stairs is a red entrance, this is the theatre door.



## Inside the Theatre

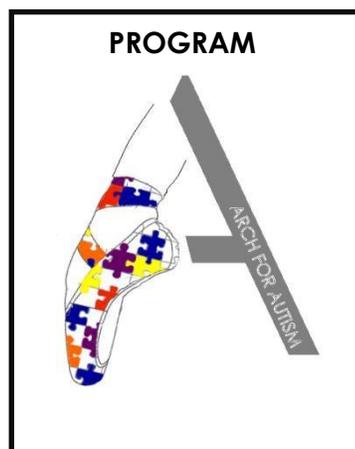
I will go into the theatre.

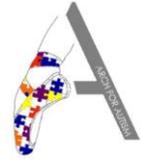
The theatre is big. There are a lot of seats in the theatre!



[insert name/s] will tell us where we have to sit. It is not a choice.

The Usher will give us a Program. A Program is a book. I can look at the Program with [insert name/s].





## During the Show

The theatre will get dark and quiet. I will try to be quiet during the show so I can hear everything.



I will see dancers on the stage and a pianist. The stage will be a bright blue color. Sometimes the dancers dance very fast or lift each other up very high. It is very exciting.

There will be a piano player on stage with the dancers, and they will be playing and dancing together on the stage.



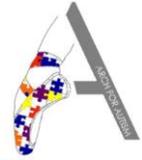


I will try to stay in my seat when the musicians are playing their instruments on the stage. If I feel scared, I can cover my ears, squeeze a fidget, hold [insert name/s] hand, or hug [insert name/s].

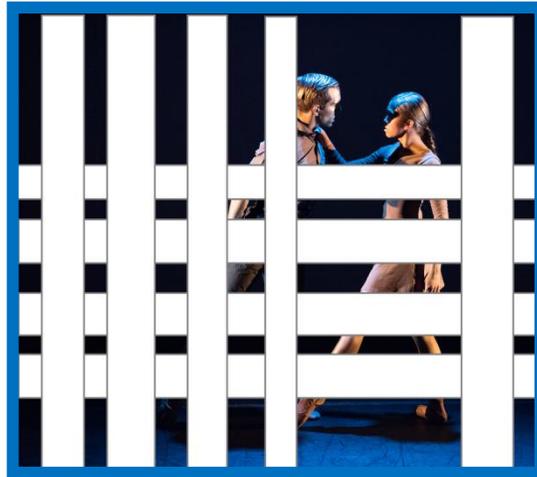


After the first song and dance, the lights will become darker and people will clap.

Clapping tells the dancers and musicians you liked their dance. If I want to clap, I can.



Then the lights will come back on for another song and dance. There is a curtain on stage where you can only see some of the dancers. The curtains will move and I will be able to see more and more of the dancers.



If I am scared when the big curtains move, I will squeeze my fidget or hold [insert name] hand.



After the dance, the lights will become darker and people will clap again.

If I want to clap, I can.



In dance #3, there will be a person on stage using their hands to tell a story. It is called Sign Language. Then a ballet dancer will dance after they tell a story with their hands.



People sitting next to me, might use Sign Language to talk to each other. If I am scared I will squeeze my fidget or hold [insert name] hand.



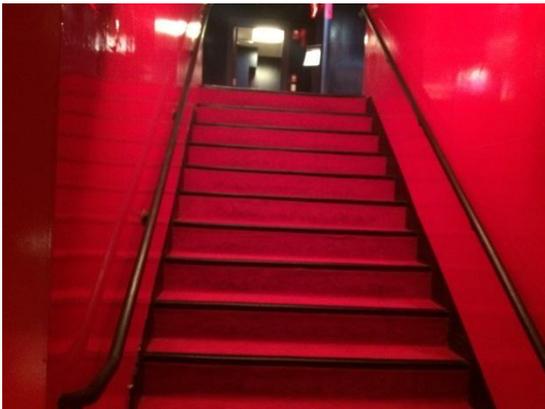
After the dance, the lights will become darker and people will clap again.

If I want to clap, I can.



After the show is over, we'll get to ask the dancers questions. I will raise my hand if I have a question.

After the questions are answered, I will go up the red stairs and through the lobby to go out of the Theatre.



I will get to high five and take a picture with the dancers if I want to.

I am so excited to see the ballet and music!