

ARCHBALLET



training intensive

NEW YORK CITY CENTER

WWW.ARCHBALLET.COM

AUG 5 – AUG 11, 2019



**FIND YOUR ARTISTRY
GROW TECHNIQUE
CHALLENGE YOURSELF
EMBRACE MUSICALITY
DEVELOP A NEW WAY
OF MOVEMENT AND THINKING
IMMERSE YOURSELF IN
ALL THAT IS ARCHBALLET**



#archballet

Rooted with the philosophy of Artistic Director **Sheena Annalise**, dancers are invited to explore a new way of thinking about ballet, body articulation, and personal artistry in a one week training program that offers an unparalleled experience in Arch Ballet Technique and repertoire.

Emphasis is placed on harvesting the solid technical underpinning of classical training to cultivate innovative movement. Designed for professional and pre-professional dancers, the curriculum values artistic risk-taking and tenacious work ethic for dancer's to realize their full potential.

Throughout the intensive dancers will learn Arch Ballet Technique starting at the barre, contemporary pas de deux, company repertoire, and Sheena Annalise's trial and error choreography process in the creation of a new work. All participants will take part in a culmination performance of the program, and select dancers will have the opportunity to perform with the company outside of the training hours.



REGISTER

training schedule

Mon, Aug 5 – Sun, Aug 11 | 4:00PM-8:00PM

New York City Center: Studio 4

130 West 56th Street, Between Sixth and Seventh Avenues

- Arch Ballet Technique: barre & center
- Contemporary pas de deux
- Company repertoire and creation of new work
- Performance showing Sunday 7:00pm

Optional Lunch Roundtables & Performance Opportunity

Tues, Aug 6 | 1pm – 3pm | Marketing for Dancers

- How to develop a press kit for hire, sponsors, and auditions
- One on one resume and portfolio review offered

Wed, Aug 7 | 1pm – 3pm | Freelance Dancer Services

- Health Insurance, tax services, and retirement resources
- Personal budget creating, Investing for beginners
- Dance contract negotiations, photo contract samples

Fri, Aug 9 | 1pm – 3pm | Costume Design

- Basics of going from concept drawing to choosing material
- Basic sewing – hand stitch and machine

Rehearsals | 8pm – 10pm

Selected dancers will have an additional opportunity to perform with the company on Thursday evening. All artists receive a comp ticket to watch the performance if not performing.

Privates & Choreography by Sheena Annalise

For additional private lessons, choreography for BFA senior solos or college auditions, please inquire in advance at admin@archballet.com to schedule. Limited availability.

training schedule

	1PM-3PM Optional	4PM-8PM Required	8PM-10PM Optional
M		Intensive	Rehearsals
T	Marketing for Dancers	Intensive	Rehearsals
W	Freelance Dancer Services	Intensive	Rehearsals
T		Intensive	Performance with Company
F	Costume Design	Intensive	Video & Photoshoot with Company
S		Intensive	
S		Intensive 7PM-Showing	

CLASS ATTIRE & DRESS CODE

There is no dress code at the intensive, but tight fitting dance attire is required. Any color or style. No loose fitting pants, shirts, or hanging warm up wear. Ballet flats are required for both men and women. Women on pointe are required to have nude (closest color to your skin) pointe shoes as well.

HOUSING RECOMMENDATIONS

Arch Ballet does not provide housing.

Air BnB - Various locations.

Hudson Hotel

356 West 58th Street

The Watson Hotel

440 West 57th Street

Jazz on Columbus Circle Hostel

940 Eighth Avenue

West Side YMCA Youth Hostel

5 West 63rd Street

PAYMENT PLANS

Payment plans can be arranged.
Email at admin@archballet.com.

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REGISTER



AUG 5 - AUG 11
\$600 Full Session
(Early Bird - \$550 before March 31)

