

ARCHBALLET



training intensive

NEW YORK CITY CENTER

WWW.ARCHBALLET.COM

AUG 5 – AUG 13, 2020



**FIND YOUR ARTISTRY
GROW TECHNIQUE
CHALLENGE YOURSELF
EMBRACE MUSICALITY
DEVELOP A NEW WAY
OF MOVEMENT AND THINKING
IMMERSE YOURSELF IN
ALL THAT IS ARCHBALLET**



#archballet

Rooted with the philosophy of Artistic Director **Sheena Annalise**, dancers are invited to explore a new way of thinking about ballet, body articulation, and personal artistry in a one week training program that offers an unparalleled experience in Arch Ballet Technique and repertoire.

Emphasis is placed on harvesting the solid technical underpinning of classical training to cultivate innovative movement. Designed for professional and pre-professional dancers, the curriculum values artistic risk-taking and tenacious work ethic for dancer's to realize their full potential.

Throughout the intensive dancers will learn Arch Ballet Technique starting at the barre, contemporary pas de deux, company repertoire, and Sheena Annalise's trial and error choreography process in the creation of a new work. All participants will have the opportunity to perform with the company on stage during their summer performance season at Abrons Arts Center Playhouse Theatre.

REGISTER



training schedule

Wed, Aug 5 – Wed, Aug 12 | 2:00PM-6:00PM

New York City Center: Studio 5

130 West 56th Street, Between Sixth and Seventh Avenues

- Arch Ballet Technique & Classical Technique: barre & center
- Contemporary pas de deux
- Company repertoire and creation of new work

Optional Workshops & Performance Opportunity

Thurs, Aug 6 | 11am – 12:00pm | Marketing for Dancers

- How to develop a press kit for hire, sponsors, and auditions
- One on one resume and portfolio review offered

Thurs, Aug 6 | 12:00pm – 1:00pm | Freelance Dancer Career Prep

- Health Insurance, tax services, and retirement resources
- Personal budget creating, Investing for beginners
- Dance contract negotiations, photo contract samples

Rehearsals | 11:00am – 1:00pm or 7:00pm – 10:00pm

Dancers will have the opportunity to perform with the company on Thursday, August 13th evening in the company's performance season, dancers will be split up in two groups for a certain rehearsal time dependent on their repertoire being performed.

Privates & Choreography by Sheena Annalise

For additional private lessons, choreography for BFA senior solos or college auditions, please inquire in advance at admin@archballet.com to schedule. Limited availability.

training schedule

	11AM-1PM Optional	2PM-6PM Required	7PM-10PM Optional
W		Intensive	
Th	Rehearsals	Intensive	Rehearsals
F	Rehearsals	Intensive	Rehearsals
S			
S			Rehearsals
M	Marketing & Career Prep	Intensive	Rehearsals
T	Rehearsals	Intensive	Rehearsals
W	Rehearsals	Intensive	Rehearsals
Th	Theatre Day	Theatre Day	Performance with Company

CLASS ATTIRE & DRESS CODE

There is no dress code at the intensive, but tight fitting dance attire is required. Any color or style. No loose fitting pants, shirts, or hanging warm up wear. Ballet flats are required for both men and women. Women on pointe are required to have nude (closest color to your skin) pointe shoes as well.

HOUSING RECOMMENDATIONS

Arch Ballet does not provide housing.

Air BnB - Various locations.

Hudson Hotel

356 West 58th Street

The Watson Hotel

440 West 57th Street

Jazz on Columbus Circle Hostel

940 Eighth Avenue

West Side YMCA Youth Hostel

5 West 63rd Street

PAYMENT PLANS

Payment plans can be arranged.
Email at admin@archballet.com.

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AUG 5 - AUG 13
\$700 Full Session
(Early Bird - \$650 before March 31)

